

Challenging Limits...Changing Lives

SPRING SEASON

WEEKLY PROGRAMS

April 6 - May 30, 2026



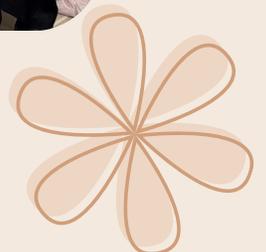
SRS

Special Recreation Services
of Sertoma Star Services



Register
Now

SRS South Campus Office
2550 178th Street
Lansing, IL 60438



SPECIAL RECREATION SERVICES (SRS) OF SERTOMA STAR SERVICES

SRS is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, Lan-Oak, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and Sertoma Star Services.

Sertoma Star Services is a 501(c)3, not-for-profit organization dedicated to challenging limits and changing the lives of people with intellectual and developmental disabilities. SRS was organized to provide year-round, community-based leisure education and recreational services for persons with disabilities.

South Campus

Lan-Oak Park District

2550 178th Street

Lansing, IL 60438

708-474-8552

North Campus

Beverly Center

3065 S. 25th Avenue

Broadview, IL 60155

708-410-0182



SRA STAFF

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Executive Director

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Program Manager

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Jennifer Eng, MPH

Recreation Supervisor

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SRA MEMBER DISTRICTS

Broadview Park District (North Campus)

Darion Hills, Executive Director

Calumet Memorial Park District

Hollice Clark, Executive Director

Dolton Park District

Lounette Hall - Executive Director

Lan Oak Park District

Sharon Desjardins - Superintendent of Strategy and Operations

Riverdale Park District

Cynthia Gilmore, Administrator

Village of South Holland Recreational Services Department

Edward Stewart,

Director of Recreational Services

Sertoma Star Services

Kelly Berardelli, President/CEO



SAVE THE DATE

**SUMMER
CAMP**

SAVE THE DATE

June 22- July 31



WEEKLY PROGRAMS

Looking to add something fun to your week?

Our weekly programs offer new friends, new experiences, and plenty of movement — all in a welcoming, inclusive, and engaging environment. Come discover what makes our community shine!

WALKING CLUB!

This club creates a welcoming, supportive space where people of all abilities can enjoy movement, build confidence, and make lasting friendships. Whether participants use mobility aids, prefer a slower pace, or simply want a social way to stay active, everyone is encouraged to join at their own comfort level.



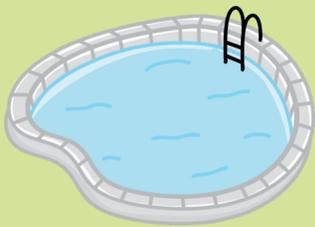
When: Mondays, April 6 – May 18

Time: 5 – 5:45 p.m. **Ages:** All

Fee: \$45 **Min/Max:** 4/10

Where: South Holland Community Center

SWIM FUN



Join us to experience the joy, freedom, and confidence that comes from being in the water. We provide a safe, supportive, and adaptive environment for swimmers to learn skills and engage in social games and activities.



When: Mondays, April 6 – May 18

Time: 6 – 6:50 p.m. **Age:** 16+

Fee: \$35 **Min/Max:** 4/12

Where: South Holland Community Center

WEE FLOW!

A dynamic, high-energy program that combines kid-friendly yoga, and fun dance moves! Participants will jump, stretch, and flow their way through activities that build strength, balance, coordination, and confidence. Each class encourages creativity, self-expression, and teamwork while staying active and engaged.



When: Mondays, April 6 – May 18

Time: 4 – 4:30 p.m.

Ages: 6 to 12 **Fee:** \$45 **Min/Max:** 4/10

Where: Lester Long Field House, Dolton, IL

AEROBIC DANCE

Move to the beat in a high-energy program that mixes easy-to-follow dance routines with low-impact cardio. Improve endurance, coordination, and mood while having fun. No experience needed—just bring water and good vibes!



When: Mondays, April 6– May 18 **Time:** 5– 6 p.m.

Ages: 13 & Older **Fee:** \$45 **Min/Max:** 4/10

Where: Lester Long Field House, Dolton, IL



GROW GETTERS

Spring is in the air, and growing season is here! Whether you're new to gardening, or already a green thumb, everyone is welcome to dig in, and watch our plants and friendships bloom!

When: Tuesdays, April 7 & 21,
May 5 & 19

Time: 4 – 5 p.m.

Fee: \$35

Min/Max: 4/12

Where: Riverdale Park District– Ivanhoe Field House



SPECIAL OLYMPICS: SOCCER

This is a Special Olympics skills training program where participants with disabilities can experience the excitement of soccer in a supportive, adaptive, and fun environment. Designed for players of all skill levels, our program focuses on participation, teamwork, and personal growth — not just goals scored.

When: Tuesdays April 7 – May 19

Time: 6 – 7 p.m. **Ages:** 13+

Fee: \$45 **Min/Max:** 4/10

Where: South Holland Community Center

*****Softball to start from June 2nd to Aug. 4th, 6 – 7:30 p.m.*****

TASTE BUDS

Get ready to create unforgettable dishes, and bond like never before! Be sure to bring your appetite and good vibes while we make dinner together!



When: Thursdays, April 16 & 30, May 14 & 28

Time: 5 – 7 p.m.

Ages: 13+

Fee: \$65 **Min/Max:** 4/12

Where: Lan-Oak Park District– Eisenhower Center



BOWLING



JUNIOR PIN PALS

Nothing to do with your spare time? Try your hand at the target sport of Bowling! All skill levels are welcome. Weekly program includes two games, or an hour, whichever comes first.

When: Wednesdays

April 8 – May 27

Time: 4 – 5 p.m.

Ages: 6 – 12

Fee: \$30

Min/Max: 4/12

Where: Dolton Bowl

PIN PALS

Let's hit the lanes and strike up some good times with a spirited game of ten-pin! All skill levels are welcome. Weekly program includes two games, or an hour and a half, whichever comes first.

When: Wednesdays

April 8 – May 27

Time: 5 – 6:30 p.m.

Ages: 13+

Fee: \$30

Min/Max: 6/20

Where: Dolton Bowl

SOCIAL LIFE

Brunch Break

Breakfast or lunch? How about both! Sharpen your financial and social skills, while enjoying weekend brunch at different restaurants in the Lansing– Northwest Indiana corridor. Cost of meal included with registration. Participants will receive the list of restaurants prior to the start of the program season.

When: Saturdays, April 11 & 25, May 9 & 23

Time: 11 a.m. – 1 p.m.

Ages: 16+ **Fee:** \$100 Min/Max: 4/8

Where: Various Restaurants



FRIDAY NIGHT SOCIALITES

TGIF!

Our Friday Night Socialites Program offers teens and adults with disabilities a safe, fun way to connect, build friendships, and explore the community.

From outings and activities to games and social events, it's a great way to gain independence, stay active, and have a blast with friends.

Let's have Friday's full of laughter, learning, and lasting memories!

PLEASE SEE OUR LIST OF OFFERINGS BELOW AND REGISTER FOR AS MANY FRIDAY NIGHTS AS YOU'D LIKE. REGISTRANTS MUST BE 16 YEARS OF AGE OR OLDER.

****REGISTRATION DEADLINE FOR ALL FRIDAY NIGHT SOCIALITES IS MARCH 27, 2026 (NO EXCEPTIONS)****



FRIDAY NIGHT SOCIALITES	LOCATION	FEE
<p>April 10 <i>LWSRA Fiesta Dance, New Lenox, IL</i> Tonight we'll turn up the heat with our SRA friends, and fiesta like never before! Dinner, dancing, and transportation included.</p>	<p>Calumet Memorial Park District Calumet City, IL 5-9:30 p.m.</p>	<p>\$45 Min/Max: 8/12</p>
<p>April 17 <i>DIY Delights</i> Join us for a night of do-it-yourself fun! There'll be a choice of crafts to create, hand-decorate, and put your own spin on! Snacks will be provided.</p>	<p>Calumet Memorial Park District Calumet City, IL 6-8 p.m.</p>	<p>\$25 Min/Max: 4/15</p>
<p>April 24 <i>Sky Zone, Schererville, IN</i> Jump! Leap! Bounce! Let's do it all at this acclaimed indoor trampoline park! Registration includes transportation. <i>*Participants must complete Sky Zone release forms prior to attending.</i></p>	<p>Sky Zone Schererville, IL 5:30-9 p.m.</p>	<p>\$40 Min/Max: 4/12</p>
<p>May 1 <i>Dinner Night</i> Tonight friends and flavor become one as we enjoy a pizza dinner together! Pizza and beverages included with registration.</p>	<p>Beggars Pizza 3524 Ridge Road Lansing, IL 6-8 p.m.</p>	<p>\$25 Min/Max: 4/15</p>

FRIDAY NIGHT SOCIALITES	LOCATION	FEE
<p>May 8 <i>SWSRA Spring Formal</i> We are honored to attend a beautiful spring formal, where participants have the opportunity to celebrate, dance, and build meaningful connections in a fun and inclusive environment.</p>	<p>Calumet Memorial Park District Calumet City, IL 6-9:30 p.m.</p>	<p>\$45 Min/Max: 8/12</p>
<p>May 15 <i>Color Fest</i> A vibrant celebration featuring hands-on creative fun! Participants will design their own tie-dye bandanas and paint canvases, bringing the season to life with bold colors and big smiles.</p>	<p>Ivanhoe Field House Riverdale, IL 6-8 p.m.</p>	<p>\$25 Min/Max: 4/12</p>
<p>May 22 <i>Memorial Day Celebration</i> Are you ready for Summer? Tonight we'll celebrate the "unofficial" start of Summer with water fun and summer vibes, as we get ready to splash into the next season together!</p>	<p>South Holland Community Center Pool South Holland, IL 6-8 p.m.</p>	<p>\$25 Min/Max: 4/12</p>
<p>May 29 <i>Movie Night</i> Relax with friends while enjoying a Friday Night flick. Movie admission included with registration, please bring money for concessions. <i>*Participants will be notified of movie and time, the day prior to program.</i></p>	<p>Marcus Theatres Country Club Hills, IL 5-8 p.m.</p>	<p>\$25 Min/Max: 4/15</p>

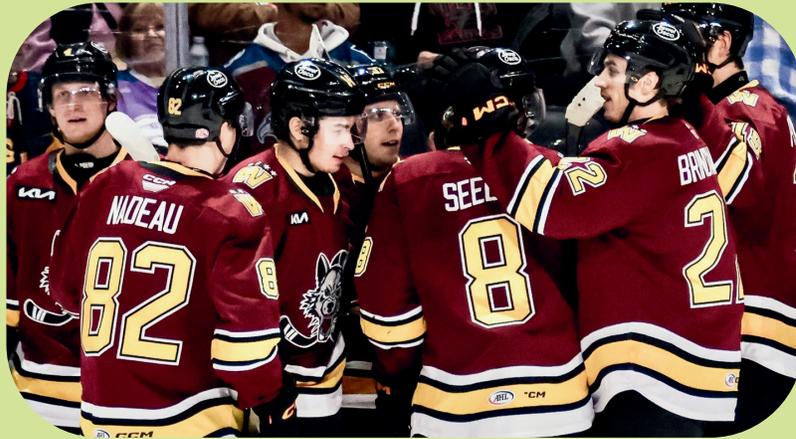
SPECIAL EVENTS

CHICAGO WOLVES HOCKEY- APRIL 19

Today we root for our hometown heroes as they face off against the Milwaukee Admirals! Game admission, hot dog, and soda included with registration. For ages 13 and older.

Calumet Memorial Park District, Calumet City, IL

1:30- 6:30 p.m. Fee: \$50 Min/Max: 6/20



SAFARI LAND- MAY 3

Ready for adventure? From games to rides, Safari Land is the perfect place to let loose, laugh, and create unforgettable memories! For ages 6- 12 years old. Registration includes admission for one child and one adult.

Eisenhower Center, Lansing IL

1- 5 p.m. Fee: \$35 Min/Max: 4/12

SPECIAL EVENTS - COMMUNITY INCLUSIVE EVENTS

SRS staff will be on hand to support our group engaging with the rest of the community within these celebrations.

- **APRIL 25: COMMUNITY EARTH DAY EVENT**
- **MAY 9: DAY IN THE PARK**
- **JUNE 6: INFLATA-FEST**

*****Seperate Registration Required for all three events*****

Age: 13+

Location & Time: TBD

Fee: Free

Min/Max: 6/10



Registration Information

Contact Program Manager **Shevon Reed** (sreed@sertomastar.org) to schedule an appointment to register for programs. Complete the Annual Information Form, filling in all appropriate spaces. Annual Information Forms are due at the time of registration.

Program Registration:

Cash, credit card, and checks accepted. Please make checks out to Sertoma Star Services, and write the participant's name on the check. Full payment must be included. You will be notified if a program is canceled or if a participant is placed on a waiting list.

Delinquent Accounts:

Participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. For participants attending a program without prior registration and payment, a \$10 administrative fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.

PROGRAM CANCELLATION AND CREDIT POLICY

Program Information

- If no participants arrive within the first 15 minutes at the scheduled program time, the program will be canceled, and staff will be sent home. No credits will be given.
- If the program is canceled, program staff will attempt to reach all participants by phone and email to inform them.
- SRS attempts to extend programs to make up missed dates. You will be notified of program extensions.

All credits/refunds will be reviewed and disbursed after review by the Executive Director.

Please note that a doctor's note may be required with the credit request.

Once a program has begun, no credits will be given.

Out-of-district participants include those not part of the member districts, the corresponding school district, or affiliation with Sertoma Star Services. SRS will accept out-of-district participants into our program with the registration and payment of a \$1,200 annual maintenance fee.

This fee, paid to SRS, can be made in installments or all at once. To pay in installments, you must make arrangements with the SRS Program Director.

For additional inquiries, please contact Michael McNicholas at mmcnicholas@sertomastar.org

SPECIAL RECREATION SERVICES OF SERTOMA STAR SERVICES 2026 PROGRAM REGISTRATION

SRS requires that the following form be updated annually or due to a change in participants' health. Please complete this form entirely, and return it with payment.

You must have a current registration to participate in any SRS activities.

All information is confidential.



Participant Information:

Name: _____

Date of Birth: _____ Photo permission: Yes / No

Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: _____ Cell Phone: _____

Park District: _____ Group Home: _____

Parent/Guardian Information:

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: _____ Cell Phone: _____

Email: _____

Emergency Contact Information:

Name: _____ Relationship: _____

Phone 1: _____ Phone 2: _____

Medical Information:

Physicians Name: _____

Hospital: _____ Phone: _____

Primary Diagnosis: _____

Secondary Diagnosis: _____

Tertiary Diagnosis: _____

Seizure Disorder/Type: _____

Frequency: _____ Duration: _____

Seizure Trigger/Warning Signs: _____

Other Impairments: _____

Allergies: _____

Medication (type, dose, and frequency) use separate sheet if needed:

Adaptive Equipment Needs:

Dietary Restrictions:

Daily Living Skills (please circle):

Eating:

Independently

Needs Monitoring

Requires Assistance

Explain:

Bathroom:

Independently

Needs Monitoring

Requires Assistance

Explain:

Dressing:

Independently

Needs Monitoring

Requires Assistance

Explain:

Mobility:

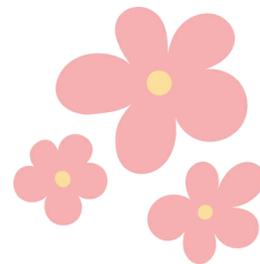
Independently

Walker Wheelchair

(manual or electric)

Can the participant transfer? Yes No

Is the participant clear of atlantoaxial instability (AAI)?: Yes No



SRS SOUTH 2026

Spring Program Registration

Please list each of the programs you are registering for below.

Payment is due upon registration.

Program	Fee	Program	Fee

TOTAL: _____ PAID: _____ BALANCE DUE: _____

Americans with Disabilities Act

Special Recreation Services of Sertoma Star Services supports the Americans with Disabilities Act (ADA).

SRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of SRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

Inclusion

SRS supports programs that allow the participants to perform in the least restrictive environment. Some participants may choose traditional SRS programs, while others may choose park district and recreation department-offered programs. In cooperation with park district/recreation department staff, SRS will provide additional support for all persons interested in inclusion services in park district/recreation department programs. Contact SRS for additional information.



Sertoma Star Services has a rich history of providing state-of-the-art services and programs for individuals with intellectual/developmental disabilities and those living with mental illness. The organization has provided programs and services to individuals in and around the Chicagoland area and northwest Indiana for a collective 125-plus years.

We support more than 2,000 consumers and have three locations in Illinois – Alsip, Chicago Heights, and Matteson – and an office in Merrillville, Indiana. Our programs are driven by our passion for creating life-changing vocational, educational, therapeutic, and residential opportunities for those we serve.

SRS South Program Locations

**CALUMET MEMORIAL PARK
DISTRICT**

**612 WENTWORTH AVE
CALUMET CITY, IL 60409**

DOLTON PARK DISTRICT

**721 ENGLE ST
DOLTON, IL 60419**

LAN-OAK PARK DISTRICT

**2550 178TH ST
LANSING, IL 60438**

RIVERDALE PARK DISTRICT

**14401 S STEWART AVE
RIVERDALE, IL 60827**

**SOUTH HOLLAND COMMUNITY
CENTER**

**501 E 170TH ST
SOUTH HOLLAND, IL 60473**



SRS

Special Recreation Services
of Sertoma Star Services



SRS SOUTH Campus Office
2550 178th Street, Lansing, IL 60438

Serving the park districts of
Broadview, Calumet Memorial, Dolton, Lan-Oak,
Riverdale Park, and the Village of South Holland
Recreational Services Department

Visit us online at
sertomastar.org/specialrecreation

