

Challenging Limits...Changing Lives

FALL SEASON

WEEKLY PROGRAMS

September 15– November 21, 2025



SRS

Special Recreation Services
of Sertoma Star Services



REGISTER BY September 8th

**SRS South Campus Office:
2550 178th Street
Lansing, IL 60438**

SRS OF SERTOMA STAR SERVICES

SRS is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, Lan-Oak, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and Sertoma Star Services. Sertoma Star Services is a 501(c)3, not-for-profit organization dedicated to challenging limits and changing the lives of people with intellectual and developmental disabilities. SRS was organized to provide year-round, community-based leisure education and recreational services for persons with disabilities.

South Campus

**Lan-Oak Park District
2550 178th Street
Lansing, IL 60438
708-474-8552**

North Campus

**Beverly Center
3065 S. 25th Avenue
Broadview, IL 60155
708-410-0182**

SRA STAFF

Michael McNicholas, CTRS, MPA

Executive Director

mmcnicholas@sertomastar.org

708-207-0023

Shevon Reed, CTRS, CDP

Program Manager

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708-955- 8517

Tania Meza-Sanchez, CTRS

Recreation Supervisor

tmeza-sanchez@sertomastar.org

708-466- 5821

SRA MEMBER DISTRICTS

Broadview Park District (North Campus)

Darion Hills, Executive Director

Calumet Memorial Park District

Hollice Clark, Executive Director

Dolton Park District

Lonnelle Hall - Executive Director

Lan Oak Park District

Sharon Desjardins - Superintendent of Strategy and Operations

Riverdale Park District

Cynthia Gilmore, Administrator

Village of South Holland Recreational Services Department

Edward Stewart,

Director of Recreational Services

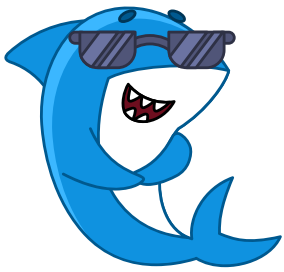
Sertoma Star Services

Kelly Berardelli, President/CEO

WEEKLY PROGRAMS

Want to give your agenda a break?

Shake up the routine and divide the fun into weekly programs! Whether you're looking to make new friends, try something new, or just get outside and move, we've got something for you!



LITTLE GUPPIES

Our Little Guppies program is the perfect way for young swimmers to build confidence, learn water safety, and have a blast in the pool! With gentle guidance, games, and lots of smiles, it's all about fun, friendship, and getting comfortable in the water, one splash at a time!

When: Mondays

Sept. 15– Nov. 17

**Where: South Holland
Community Center**

Time: 4–5 p.m.

Ages: 6 to 12

Fee: \$45



MAKING WAVES

Not ready to say goodbye to summer? Let's keep the vibe going with some poolside fun with friends! Join us for our Making Waves program! Whether you're working on skills, building confidence, or just love to move in the water, this inclusive swim program is all about making progress, making friends, and making waves — in and out of the pool.



When: Mondays

Sept. 15– Nov. 17

Where: South Holland Community Center

Time: 6–7 p.m.

Ages: 13 & Older

Fee: \$45

MAKING THE BAND!

Join us as we explore one of the latest trends in music today-- Drumming! Through the fundamentals of music, and rhythm, players of all ability levels will enjoy a supportive and encouraging environment of musical expression.



When: Tuesdays

Sept. 16– Nov. 18

**Where: Riverdale Park District
(Ivanhoe Center)**

Time: 4–5 p.m.

Ages: 6–12

Fee: \$45

Min/Max: 4/8

CREATIVE CORNER

Are you bursting with creativity? Here's your chance to let your creativity flag fly! Each week we will create new masterpieces as we discover different mediums of art expression. All ages and abilities welcome.

Time: 5:30–6:30 p.m.

All Ages

Fee: \$45

Min/Max: 4/8

When: Tuesdays

Sept. 16– Nov. 18

**Where: Riverdale Park District
(Ivanhoe Center)**



Bowling



Junior Pin Pals

Nothing to do with your spare time? Try your hand at the target sport of Bowling! All skill levels are welcome.

Ages 6 - 12
Wednesdays
Sept. 17- Nov. 19
Dolton Bowl
4 - 5 p.m.
Fee: \$35
Min/Max: 4/12



Pin Pals

Let's hit the lanes and strike up some good times with a spirited game of ten-pin! All skill levels are welcome.

Ages 13 & Older
Wednesdays
Sept. 17- Nov. 19
Dolton Bowl
5 - 6:30 p.m.
Fee: \$35
Min/Max: 4/12

SOCIAL LIFE

CULINARY CRITICS

Are you a culinary critic? Sharpen your financial and social skills, while sharing culinary critiques and breaking bread at restaurants in the Lansing– Northwest Indiana corridor. Participants will receive the list of restaurants prior to the start of the program season.

Ages 16 & Older

Thursdays, September 25, October 23, November 20

5–6:30 p.m.

Fee: \$25



FRIDAY NIGHT SOCIALITES

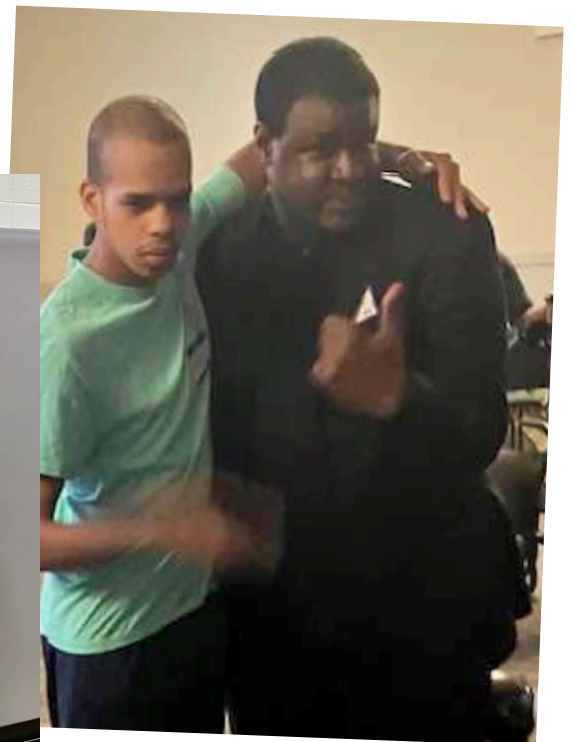
TGIF!

Our Friday Night Socialites Program offers teens and adults with disabilities a safe, fun way to connect, build friendships, and explore the community.

From outings and activities to games and social events, it's a great way to gain independence, stay active, and have a blast with friends. Let's have Friday's full of laughter, learning, and lasting memories!

PLEASE SEE OUR LIST OF OFFERINGS BELOW AND REGISTER FOR AS MANY FRIDAY NIGHTS AS YOU'D LIKE. REGISTRANTS MUST BE 16 YEARS OF AGE OR OLDER.

****REGISTRATION DEADLINE FOR ALL FRIDAY NIGHT SOCIALITES IS SEPTEMBER 8, 2025**



FRIDAY NIGHT SOCIALITES	LOCATION	FEE
<p>September 19 – End of Summer Bash</p> <p>Say farewell to summer with one last bash with our SRS friends! Dinner and dancing are included with registration.</p>	<p>Eisenhower Center Lansing, IL 6:30– 8:30 p.m.</p>	<p>\$25 Min/Max: 6/75</p>
<p>September 26 – Women’s Soccer Game</p> <p>Did you know that Soccer is the original football? Tonight we’ll watch the Governors State Jaguars take on the Crimson Wave of Calumet College of St. Joseph!</p>	<p>Eisenhower Center Lansing, IL 6:00– 9:30 p.m.</p>	<p>\$25 Min/Max: 8/12</p>
<p>October 3– Candle Making</p> <p>Have you been waiting for the chance to craft your own signature scented candle? Here’s your chance, thanks to our friends at Simply Blessed Scents! Refreshments will be provided.</p>	<p>Eisenhower Center Lansing, IL 5:00– 9:00 p.m.</p>	<p>\$60 Min/Max: 4/20</p>
<p>October 10– Pizza & Bingo</p> <p>Did you know that it’s National Pizza Month? Why not celebrate with friends, and a spirited game of Bingo!</p>	<p>Calumet Memorial Park District Calumet City, IL 6:00– 8:00 p.m.</p>	<p>\$25 Min/Max: 4/15</p>

FRIDAY NIGHT SOCIALITES	LOCATION	FEE
<p>October 17 – Women’s Volleyball Game</p> <p>Dink! Spike! Block! Let’s cheer on our home team, the Lady Bulldogs of South Suburban College, as they take on the Lady Chiefs of Waubonsee Community College! Game admission included with registration. Please bring money for concessions.</p>	<p>South Suburban College, South Holland, IL 6:30– 9:00 p.m.</p>	<p>\$20 Min/Max: 4/12</p>
<p>October 24 – Halloween Hip Hop Dance</p> <p>Calling all ghouls and goblins! Throw on your best Halloween attire and get ready to party with our SWSRA friends! There’ll be a costume party, dancing, and snacks!</p>	<p>Eisenhower Center Lansing, IL 6:00 – 9:30 p.m.</p>	<p>\$35 Min/Max: 6/12</p>
<p>October 31 – Boo! Bash</p> <p>Looking for a fun and safe way to celebrate the holiday? Then this bash is for you! Come hang out with friends, play games, and enjoy tasty Halloween treats!</p>	<p>Dolton Park District Dolton, IL 6:00– 8:00 p.m.</p>	<p>\$20 Min/Max: 6/12</p>

FRIDAY NIGHT SOCIALITES	LOCATION	FEE
<p>November 7- Hoedown Dance We're heading over to LWSRA for a good old fashioned Hoedown! Grab your hat and boots, and let's skedaddle!</p>	<p>Eisenhower Center Lansing, IL 5:30- 9:00 p.m.</p>	<p>\$35 Min/Max: 4/12</p>
<p>November 14 - Friendsgiving Dance What are you thankful for? I hope dinner and dancing is on your list! Let's celebrate the holidays with NWCSRA friends, and have some fun! Thanksgiving dinner will be served.</p>	<p>Eisenhower Center Lansing, IL 5:00- 9:00 p.m.</p>	<p>\$35 Min/Max: 4/12</p>
<p>November 21 - Movie Night It's been a long week, and you deserve to kick back and watch a movie with friends! Movie admission is included with registration. Registrants will be notified of movie selection and time, the day before the program.</p>	<p>Marcus Theatres, Country Club Hills, IL Time: TBD</p>	<p>\$20 Min/Max: 6/12</p>

SPECIAL EVENTS	LOCATION	FEE
<p>September 28 – County Line Orchard</p> <p>No better way to sharpen your socialization skills than a trip to the apple orchard! After we pick delicious apples, and visit the gift shop, we'll stop for lunch on the way home. Orchard admission is included with registration. Please bring additional money for apple purchases and lunch. For ages 13 and older.</p>	<p>Eisenhower Center Lansing, IL 11:30 a.m. – 3:30 p.m.</p>	<p>\$30 Min/Max: 4/12</p>
<p>October 5 – We Rock the Spectrum Kid's Gym</p> <p>WRTS is the perfect place for all kids to run, jump, and play in a safe, sensory friendly environment. Registration includes admission for one child and one parent. For ages 6– 12 years old.</p>	<p>Eisenhower Center Lansing, IL 2:30 p.m. – 7 p.m.</p>	<p>\$35 Min/Max: 6/12</p>
<p>November 16 – Chicago Wolves Hockey</p> <p>Today we'll root for our hometown heroes as they face off against the Cleveland Monsters! Game admission, hot dog, and soda included with registration. For ages 13 and older.</p>	<p>Eisenhower Center Lansing, IL 1:30 p.m. – 6:30 p.m.</p>	<p>\$40 Min/Max: 6/12</p>

Program Cancellation & Credit Policy

Program Information:

- If no participants arrive within the first 15 minutes at the scheduled program time, the program will be canceled, and staff will be sent home. No credits will be given.
- If the program is canceled, program staff will attempt to reach all participants by phone and email to inform them.
- SRS attempts to extend programs to make up missed dates. You will be notified of program extensions.

All credits/refunds will be reviewed and disbursed after review by the Executive Director.

Please note that a doctor's note may be required with the credit request.

Once a program has begun, no credits will be given.

Out-of-district participants include those not part of the member districts, the corresponding school district, or affiliation with Sertoma Star Services. SRS will accept out-of-district participants into our program with the registration and payment of a \$1,200 annual maintenance fee. This fee, paid to SRS, can be made in installments or all at once. To pay in installments, you must make arrangements with the SRS Program Director. For additional inquiries, please contact Michael McNicholas at mmcnicholas@sertomastar.org.

Registration Information:

Contact Program Manager Shevon Reed (sreed@sertomastar.org), or Special Recreation Coordinator Tania Meza (tmeza-sanchez@sertomastar.org) to schedule an appointment to register for programs. Payment arrangements will be made at the time of registration.

Complete the Annual Information Form, filling in all appropriate spaces. Annual Information Forms are due at the time of registration.

Program Registration:

Checks made out to Sertoma Star Services or cash are accepted. Please write the participant's name on the check. Full payment must be included. You will be notified if a program is canceled or if a participant is placed on a waiting list.

Delinquent Accounts:

Participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. For participants attending a program without prior registration and payment, a \$10 administrative fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.

Special Recreation Services of Sertoma Star Services

Fall 2025 Registration

SRS requires that the following form be updated seasonally or due to a change in participants' health. Please complete this form entirely, and return it with payment.

You must have a current registration to participate in any SRS activities.

All information is confidential.



Participant Information:

Name: _____

Date of Birth: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: _____ Cell Phone: _____

Park District: _____ Group Home: _____

Parent/Guardian Information:

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: _____ Cell Phone: _____

Email: _____

Emergency Contact Information:

Name: _____ Relationship: _____

Phone 1: _____ Phone 2: _____

Medical Information:

Physicians Name: _____

Hospital: _____ Phone: _____

Primary Diagnosis: _____

Secondary Diagnosis: _____

Tertiary Name: _____

Seizure Disorder/Type: _____

Frequency: _____ Duration: _____

Seizure Trigger/Warning Signs: _____

Other Impairments: _____

Allergies: _____

Medication (type, dose, and frequency) use separate sheet if needed:

Adaptive Equipment Needs:

Dietary Restrictions:

Daily Living Skills (please circle):

Eating:

Independently

Needs Monitoring

Requires Assistance

Explain:

Bathroom:

Independently

Needs Monitoring

Requires Assistance

Explain:

Dressing:

Independently

Needs Monitoring

Requires Assistance

Explain:

Mobility:

Independently

Walker Wheelchair

(manual or electric)

Can the participant
transfer? Yes No

Is the participant clear of atlantoaxial instability (AAI)? Yes No

SRS SOUTH FALL 2025

Program Registration

Please list each of the programs you are registering for below.

Payment is due upon registration.

PROGRAM	FEE	PROGRAM	FEE

TOTAL: _____ PAID: _____ BALANCE DUE:_____

Americans with Disabilities Act

Special Recreation Services of Sertoma Star Services supports the Americans with Disabilities Act (ADA). SRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of SRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

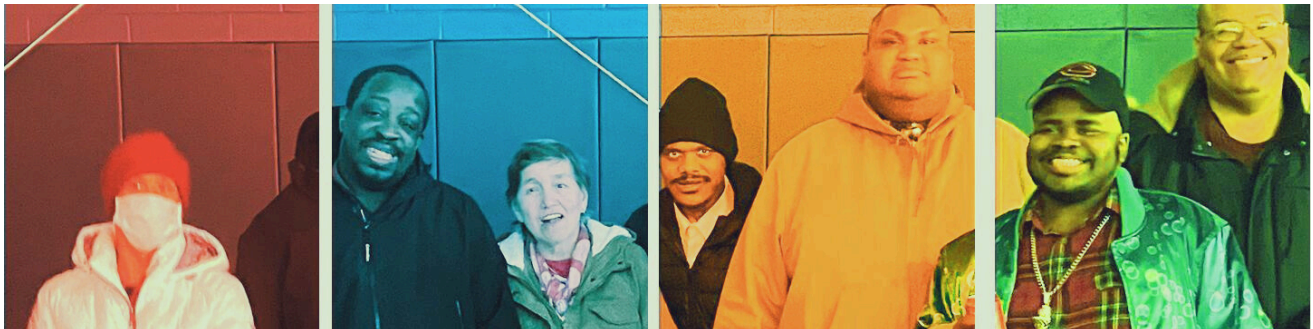
Inclusion

SRS supports programs that allow the participants to perform in the least restrictive environment. Some participants may choose traditional SRS programs, while others may choose park district and recreation department-offered programs. In cooperation with park district/recreation department staff, SRS will provide additional support for all persons interested in inclusion services in park district/recreation department programs. Contact SRS for additional information.



Sertoma Star Services has a rich history of providing state-of-the-art services and programs for individuals with intellectual/developmental disabilities and those living with mental illness. The organization has provided programs and services to individuals in and around the Chicagoland area and northwest Indiana for a collective 125-plus years.

We support more than 1,500 consumers and have three locations in Illinois – Alsip, Chicago Heights, and Matteson – and an office in Merrillville, Indiana. Our programs are driven by our passion for creating life-changing vocational, educational, therapeutic, and residential opportunities for those we serve.



SRS SOUTH Campus Office
2550 178th Street, Lansing, IL 60438

**Serving the park districts of
Broadview, Calumet Memorial, Dolton, Lan-Oak,
Riverdale Park, and the Village of South Holland
Recreational Services Department**

Visit us online at

