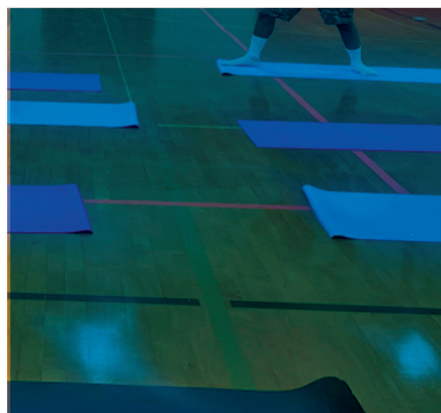


SPRING 2025 Program Season



Register at
sertomastar.org/specialrecreation

April 7-
May 25, 2025



Special Recreation Services (SRS) of Sertoma Star Services is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, Lan-Oak, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and Sertoma Star Services. Sertoma Star Services is a 501(c)3, not-for-profit organization dedicated to challenging limits and changing the lives of people with intellectual and developmental disabilities. SRS was organized to provide year-round, community-based leisure education and recreational services for persons with disabilities.

SRS South Campus Office:
Lan-Oak Park District
2550 178th Street
Lansing, IL 60438
(708) 474-8552

SRS Staff:

Michael McNicholas, CTRS, MPA
Executive Director
mmcnicholas@sertomastar.org
708-207-0023

Nancy DiGangi, CTRS
Program Manager
ndigangi@sertomastar.org
708-207-9141

Shevon Reed, CTRS, CDP
Recreation Supervisor
sreed@sertomastar.org
708-955-8517

Tania Meza- Sanchez, CTRS
Recreation Specialist
tmeza-sanchez@sertomastar.org

SRS Member Districts:

Broadview Park District (North Campus)
Darion Hills, Executive Director

Calumet Memorial Park District
Hollice Clark, Executive Director

Dolton Park District
Cleo Jones, Acting - Executive Director

Lan Oak Park District
Sharon Desjardins - Superintendent of Strategy and
Operations

Riverdale Park District
Mari Barnes, Administrator

Village of South Holland Recreational Services
Edward Stewart, Director of Recreational Services

Contract member:

Sertoma Star Services
Kelly Berardelli, President/CEO

Fitness Programs

Little Guppies

Aquatic fitness is great at any age! If you're ready to learn water safety and pre-swim skills while increasing your pool comfort level, then this is the place for you. Sessions are 30 minutes and taught on a 1:1 basis. Swim diapers are required for participants without adequate bathroom skills.

Ages 4 - 12

Mon., April 7 - May 19 Time: 5:00 - 6:00 pm

South Holland Community Center, South Holland Fee: \$45

Just For Kicks- The Martial Arts University

Did you know that there are 180 different styles of Martial Arts? This season, we will focus on one of the most popular forms, Karate! Led by instructors from the USA Martial Arts Team, you can learn introductory Karate techniques aimed at developing well-balanced bodies and minds. Ages 4 & Older

Mon., Jan 13 - Mar 17. Time: 6:30 - 7:30 pm

Eisenhower Center, Lansing

Fee: \$45. Min/Max: 6/10

Making Waves

Can't wait for summer to flex your swimming skills? Then join us for some springtime indoor pool exercise and fun! Ages 13 & Older

Mon., April 7 - May 19. Time: 6:00 - 6:50 pm

South Holland Community Center, South Holland

Fee: \$45. Min/Max: 6/15

Intro to Special Olympics

Sports Skills

We will introduce and develop skills for seasonal Special Olympic Sports

That's fine. Oh, that's fine. such as bocci, corn hole, track, and others. Bring water bottle.

Ages: 8 and up

Tues. April 15-May 20

6:00-7:00pm South Holland Community Center

Fee: \$35 MinMax: 4/8

PROGRAMS



Alley Cats

Nothing to do with your spare time? Try your hand at the target sport of Bowling! All skill levels are welcome. Ages 6 - 12

Wed., April 9 - May 21. Time: 4:00 - 5:00 pm

Dolton Bowl, Dolton. Fee: \$35. Min/Max: 4/10

King Pin

Let's hit the lanes and strike up some good times with a spirited game of ten-pin! All skill levels are welcome. Ages 15 & Older

Wed., April 9 - May 21 Time: 5:00 - 6:00 pm

Dolton Bowl, Dolton

Fee: \$35 Min/Max: 6/15

Special Olympics Pre-season Bowling

We will use this pre-season time to learn and perfect our bowling skills in order to be ready for the season. Bring your bowling ball and shoes, if you have them.

Ages 8 & Older

Tues., April 8- May 20 Time: 4:00-5:00 pm

Dolton Bowl, Dolton

Fee: \$35. Min/Max:

Social Life

Creative Corner

Here's your chance to let your creativity flag fly! Each week we will dive into the world of crafting and discover different mediums of art expression.

Ages 7-12. Thurs. April 10- May 22

Eisenhower Center, Lansing

Fee: \$35. Min/Max: 4/10

Culinary Critics

Are you a culinary critic? Sharpen your financial and social skills, while sharing culinary critiques and breaking bread at restaurants in the Lansing-Northwest Indiana corridor. Participants will receive the list of restaurants prior to the start of the program season.

Ages 16 & Older

Thurs., April 17, May 15. Time: 5:15 - 6:45 pm

Various Locations. Fee: \$35. Min/Max: 6/10

Friday Night Socialites

Are you a social butterfly? Then Friday nights are definitely for you! Join us for a festive season of Friday night hang-outs! Please see our list of offerings below and register for as many Friday nights as you'd like. Registrants must be 16 years of age or older. **Please note there will be no FNS on April 18th. **The registration deadline for all FNS is March 31st.*

April 11- Fiesta Dance, LWSRA

It's been a while since we've gotten together with our SRS friends! Let's catch up over dinner and dancing. Transportation is included with the registration fee.

Drop off/Pick up: Eisenhower Center, Lansing

5:45- 9:15pm

Fee: \$30. Min/Max: 8/12

April 25- Pizza & Bingo

We'll get together with our friends for a festive evening of pizza and one of America's favorite games! Let's see who'll be the first to yell BINGO!

Eisenhower Center, Lansing

6:30 - 8:30 pm

Fee: \$25. Min/Max: 8/15

May 2- Sky Zone

Jump! Leap! Bounce! Let's do it all at this acclaimed indoor trampoline park! Be sure to print and complete the mandatory release forms found on the Sky Zone website, prior to attending. All participants must submit completed release forms in order to participate. Transportation is included with the registration fee.

PROGRAMS

Sky Zone, Schererville, IN
Drop-off/Pick-up: Eisenhower Center, Lansing
5:30 - 9:00 pm
Fee: \$40. Min/Max: 6/12

May 9- SWSRA Spring Formal

Throw on your best threads and your dancing shoes for a night of fun with our SRA friends! Good food, music, and transportation are included with registration.

Alsip Park District
Drop-off/Pick-up: Calumet Memorial Park District, Calumet City
5:30 - 9:30 pm
Fee: \$35. Min/Max: 6/12

May 16- Leather Stamping

With wooden mallets and metal stamps, we will make personalized leather bracelets to keep, or give to someone special. Leather stamping can be loud, so bring headphones if you are sensitive to loud noises.

Calumet Memorial Park District, Calumet City
6:30 - 8:30 pm
Fee: \$30. Min/Max: 6/8

May 23- Movie Night

Relax with your friends while enjoying a Friday Night flick. Your movie ticket is included with registration, but bring money if you'd like to purchase snacks. You will be notified of the movie selection and time, the day before the program.

Marcus Theatres, Country Club Hills
Fee: \$25. Min/Max: 6/10

PROGRAMS

Industrial Arts

All About Plants

We will learn, and be hands-on with propagating and planting house plants of all kinds. We will also start planting for our summer gardens. Together, we'll become one with Mother Earth!

Ages 13 and older

Thurs., April 10, 24, May 8

5:15 - 6:45 pm

Calumet Memorial Park District, Calumet City

Fee: \$35 Min/Max: 4/6

Netflix & Chill

Don't you just love curling up and streaming a good movie? This season we'll watch movies from different genres, then share our cinematic critiques with our friends. After each movie review, we'll choose our next movie selection together.

Ages 18 & Older

Fri., April 25, May 23

12:45 - 1:45 pm

Google Meets

Fee: \$10 Min/Max: 5/50

Special Events

In The Game Hollywood Park

Let's spend the afternoon at the ultimate game park for indoor and outdoor fun. From arcade games to mini-golf and go-karts, In The Game Hollywood Park has it all! Registration fee includes game card and transportation. Please bring money for snacks.

Ages 13 & Older

Sat., April 12 Time: 1:00 - 6:00 pm

In The Game Hollywood Park, Crestwood

Drop-off/Pick-up: Calumet Memorial Park District

Fee: \$35. Min/Max: 6/10

Shopping & Lunch

PROGRAMS

We will enjoy lunch together, then peruse the mall for great buys. Be sure to bring money for your purchases.

Ages 13 & Older

Sat., May 10

11:30am - 3:00 pm

Orland Square Mall, Orland Park

Fee: \$15. Min/Max: 6/12

Community Call!

We are seeking the voices of the community to speak up about programs for children and adults with disabilities in the Oak Park District. We are looking to add ideas to meet the interests of residents for summer 2025. We will provide light refreshments activities, and a chance to talk with staff about your ideas and how we can develop them right here in Oak Park District!

***If you cannot come in person, please join us via Google Meets right after the event for another chance to be heard.**

Age: ALL

Where:

When: May 7th, 2025

Hours: 4 - 6 pm Google Meets 6 - 7pm

Zoom : Google Meet: *<https://meet.google.com/kax-pwzn-fkm>

Virtual Events

Cooking with Mike

Join our Executive Director, Mr Mike McNicholas as you prepare a delicious dish together virtually. You will be emailed the recipe along with the supply list and Google Meets link prior to the event. Ages 13 and older
Sat., April 19. Time:4-6pm. Fee:\$10. Google Meets Min/max: 5/50



Flavor Fiesta!

Meet Tania, from SRS North! Tania Meza- Sanchez, CTRS, is a member of the SRS family, serving the North Campus territories of Beverly and Broadview. Get ready for a flavor fiesta in your kitchen! Our virtual cooking class is the perfect way to spice up your Cinco de Mayo celebration! Participants will receive a list of ingredients one week prior to the program.

Ages 13 & Older

Thurs., May 1 Time:4:00- 6:00 pm. Fee: \$10

Google Meets. Min/Max: 5/50

Mark your calendars! Summer Day Camp 2025

Summer Day Camp is right around the corner! This year, camp will run Monday- Friday, June 16- July 25, 2025. Serving ages 6- 25, certainly there's a day camp just for you! For more details and camp registration, contact Nancy DiGangi at ndigangi@sertomastar.org.

**Please note there will be no camp on Juneteenth, or Independence Day holidays.*

Camp Discover: ages 6- 10

Camp Explorer: ages 11- 17

Camp Adventure: ages 18- 25

Mon- Thurs. 9:00 am- 3:00 pm

Field Trip Fridays: ages 11- 25. 9:00am-3:00pm

For more details contact Nancy at (708)207-9141

We are hiring summer day camp counselors!

Call Nancy for information at (708)207-9141

Americans with Disabilities Act

Special Recreation Services of Sertoma Star Services supports the Americans with Disabilities Act (ADA). SRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of SRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

Inclusion

SRS supports programs that allow the participants to perform in the least restrictive environment. Some participants may choose traditional SRS programs, while others may choose park district and recreation department-offered programs. In cooperation with park district/recreation department staff, SRS will provide additional support for all persons interested in inclusion services in park district/recreation department programs. Contact SRS for additional information.

Program Cancellation & Credit Policy

Program Information:

- If no participants arrive within the first 15 minutes at the scheduled program time, the program will be canceled, and staff will be sent home. No credits will be given.
- If the program is canceled, program staff will attempt to reach all participants by phone and email to inform them.
- SRS attempts to extend programs to make up missed dates. You will be notified of program extensions.
- All credits/refunds will be reviewed and disbursed after review by the Executive Director.
- Please note that a doctor's note may be required with the credit request.
- Once a program has begun, no credits will be given.

Out-of-district participants include those not part of the member districts, the corresponding school district, or affiliation with Sertoma Star Services. SRS will accept out-of-district participants into our program with the registration and payment of a \$1,200 annual maintenance fee. This fee, paid to SRS, can be made in installments or all at once. To pay in installments, you must make arrangements with the SRS Program Director. For additional inquiries, please contact Michael McNicholas at mmcnicholas@sertomastar.org

Registration Information:

- Contact Program Manager, Nancy DiGangi (ndigangi@sertomastar.org), or Recreation Supervisor, Shevon Reed (sreed@sertomastar.org), to schedule an appointment to register for programs. Payment arrangements will be made at the time of registration.
- Complete the Annual Information Form, filling in all appropriate spaces. Annual Information Forms are due at the time of registration.
- Program Registration: Checks made out to Sertoma Star Services (SRS) or cash are accepted. Please write the participant's name on the check. Full payment must be included. You will be notified if a program is canceled or if placed on a waiting list.
- Delinquent accounts: participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. For participants attending a program without prior registration and payment, a \$10 administrative fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.



Special Recreation Services of Sertoma Star Services
Spring 2025 Registration

SRS requires that the following form be updated seasonally or due to a change in participants' health. Please complete this form entirely, and return it with payment. You must have a current registration to participate in any SRS activities. All information is confidential.

Participant Information:

Name: _____ Birth Date: _____ Sex: _____

Address: _____ City: _____

State: _____ Zip: _____ Email: _____

Primary Phone: _____ Cell Phone: _____

Park District: _____ Group Home: _____

Agency Affiliation: _____

Parent/Guardian Information:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Primary Phone: _____ Cell Phone: _____

Emergency Contact Information:

Name: _____ Relationship: _____

Phone: _____

Medical Information:

Physician's Name: _____ Hospital: _____

Phone: _____

Primary Diagnosis: _____

Secondary Diagnosis: _____

Tertiary Diagnosis: _____

Seizure Disorder/Type: _____ Frequency: _____

Seizure Duration: _____ Seizure Trigger/Warning Sign: _____

Other Impairments: _____

Allergies: _____

Medication (type, dose & frequency); use a separate sheet if needed:

Adaptive Equipment Needs: _____

Dietary Restrictions: _____

Daily Living Skills (please circle):

Eating: Independently Needs monitoring Requires assistance
Explain: _____

Bathroom: Independently Needs monitoring Requires assistance
Explain: _____

Dressing: Independently Needs monitoring Requires assistance
Explain: _____

Mobility: Independently Walker Wheelchair (Manual or Electric)

Can the participant transfer? Yes/No

Is the participant clear of Atlantoaxial Instability (AAI)? Yes/No

SRS South Spring 2025 Program Registration

Please select the programs you are registering for.

Payment due upon registration.

Name: _____ Phone: _____

Email: _____

| Program | Fee | X | Program | Fee | X |
|------------------------------------|------|---|-------------------------------|------|---|
| Little Guppies 4/7-5/19 | \$45 | | Fiesta Dance 4/11 | \$30 | |
| Just for Kicks 4/7-5/19 | \$45 | | Sky Zone 5/2 | \$40 | |
| SO Bowling 4/7-5/19 | \$35 | | Spring Formal 5/9 | \$35 | |
| Sports Skills 4/15-5/20 | \$35 | | Leather Stamping 5/16 | \$30 | |
| Sports Skills 4/15-5/20 | \$35 | | Movie Night 5/23 | \$20 | |
| Alley Cats 4/9-5/20 | \$35 | | | | |
| King Pin 4/9-5/20 | \$35 | | Netflix & Chill 4/25, 5/23 | \$10 | |
| All About Plants 4/10 & 24, 5/8 | \$35 | | Hollywood Park 4/12 | \$55 | |
| Culinary Critics 3/6 | \$35 | | Cooking with Mike 4/19 | \$10 | |
| | | | Flavor Fiesta 5/1 | \$10 | |
| | | | Shopping & Lunch 5/10 | \$15 | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Total: _____ Paid: _____ Balance Due: _____



SRS South Campus Office:
Lan-Oak Park District
2550 178th Street
Lansing, IL 60438



**Serving the park districts of Broadview, Calumet Memorial, Dolton,
Lan-Oak, Riverdale Park, and the Village of South Holland
Recreational Services Department**

**Visit us online at
sertomastar.org/specialrecreation**