



Special Recreation Services of Sertoma Star

Fall 2024 Programs September 16 - November 23, 2024

Registration Ends September 6th, 2024



www.sertomastarrecreation services.com

South Holland Recreational Services-

Ed Stewart, President

Broadview Park District

Brian Dawson

Calumet Memorial Park

District -Hollice Clark

Dolton Park District-

Stephanie Wiedeman

Maywood Park District

Lonette Hall

Riverdale Park District -

Gwenette Bradley

LAN-Oak Park District-

Sharon Desjardins

About Special Recreation Services of Sertoma Star

Special Recreation Services (SRS) is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, LAN-Oak, Maywood, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and Sertoma Star. Sertoma Star is a 501(c)3, not-for-profit organization dedicated to challenging the limits and changing the lives of people with intellectual and developmental disabilities. SRS is organized to provide year-round premier community-based leisure education, recreation services, and activities for people with disabilities.

SRS Office

Calumet Memorial Park District

2 Wentworth Avenue Calumet City, Illinois

60409. Phone:708-801-9966

Program Director - McNicholas, CTRS.

Program Manager - Nancy DiGangi CTRS

Recreation Specialists - Jacquelin Bongean, & Shevon Reed CTRS

Recreation Assistants- Jake Tarman, Fannie Burnett, Jada Calvin,
Lindsey Rensch,

Mondays

Little Guppies 9/16-11/18. Ages:5-15

In this program children will learn safety in and around the water, as well as **pre-swim** skills such as total submergence, floating, and treading water. This is a 1:1 program so space is limited. Registration first come first served. STS will try to fulfill all requests as much as possible.
Mon. 6/10-8/12 5:00 & 5:30pm South Holland Park Dist. Pool \$45



Aqua Fun and Fitness. Age: 10 and older

Let us have some fun in the water while getting fit. We will be doing a little exercise, a little dancing, a little swimming, and a lot of fun activities all while moving and grooving in the water. Must be able to function independently at 5 participants to 1 staff ratio. You need to check in with the SRS swim staff. DO NOT leave your participant(s) in the lobby or the pool deck unattended. Mon 9/16-11/18 6:00-6:50pm. South Holland Pool. \$40.

Tuesdays: 9/17-11/19

Sports Skills Ages Teens and adults 6:30-7:30pm

We will get together to learn skills in the days chosen sport. We have the equipment you bring the energy. Wear athletic clothing, gym shoes, and bring a water bottle. Fee: \$35.
Min/Max:8/15 Location: South Holland gym

Special Olympics Basketball 11/12/24- 3/4/25 6:30-8:00pm Ages 8 and up

Welcome back Special Olympic Basketball! We will begin rebuilding our team to be better than ever, through practice then play scheduled games against other SRA teams. You will receive a schedule of practices and games by the first week of practice. Wear athletic clothing, gym shoes, and bring a water bottle. Location: South Holland gym Fee: \$75 plus tournaments

Wednesdays:9/18-11/20

Alley Cats/King Pin - Ages 8 and up

Strike! Spare! It's all fun and games at the bowling alley. Join us at **Dolton Bowl (1401 S Sibley Blvd)** for some friendly competition and a whole lot of laughs! Time: 4:00-5:00pm. Fee: \$35



Reuse, Repurpose, Recycle, Crafts 9/18-11/20

Using things that would ordinarily go unused, we will make some amazing arts and crafts to take home or give as gifts. Inspired by Pinterest. Fee: \$20 min/max: 6/12
Location: Calumet Memorial

Thursdays: 9/18-11/21

Dinner Club (16 and older) - Sept. 19, Oct. 10 &, Nov 7, 2024 - 5:15-6:45pm - We will practice our finance and social skills while eating delicious food at local restaurants. You will be notified which restaurant to meet at prior to the event. Fee: \$30 Min/max:4/8

Fun With Fitness 9/19-11/21, 6:00-7:00pm

We will explore a different type of exercise every week - aerobics, chair exercise, light weights, resistance bands, etc. Wear loose clothing and bring water bottle. Ages: Adult. Min/Max: 6-12. Fee: \$25. Location: Lan-Oak Park District 2550 178th Street. Lansing, IL



Fridays: Friday Night Socialites: 9/20-11/15 6:30-8:30pm - 16 and older

9/20-End of Summer Celebration-

Join us for a night of food, fun, and music with folks from other SRAs. Come out for a great time!
Location: LAN-Oak Park District. Fee: \$25. Min/max: 15/25

9/27- Caramel Apples - 6:30-8:30pm

Bring your sweet tooth and join in the fun when we make Caramel apples. All supplies included.
Location: Calumet Memorial Fee: \$20 Min/max 6/8

10/4- SWSRA I Love the 90's Dance.

We are heading for a night of fun and dancing at the SWSRA I Love the 90's Dance. Snack and drink included. **Registration deadline: Aug. 24** Location: drop off and pick up at Calumet Memorial office Fee: \$25. min/max: 6/12



10/11 - LWSRC House of Mouse Dance

It's time to travel to New Lenox for a night of pizza and dancing at the LWSRA House of Mouse Dance. **Registration deadline is Sept 28, 2023**

Pick up and drop off at Calumet Memorial Time: 5:30-9:30pm, Min/Max: 6/12. Fee: \$40

10/18 - Halloween Movie and Popcorn - TBA Let's relax and enjoy a Halloween movie and popcorn with our SRS friends. Popcorn and beverages provided. Location: Calumet Memorial. Fee: \$20 min/max: 6/12

10/25 - Oak Lawn Halloween Hip Hop

Dress up in your favorite costume and see if you can identify your friends as we dance the night away at the Halloween Hip Hop. Drop off and pick up at Calumet Memorial.

Fee: \$20 min/max: 6/12 **Registration deadline-10/21**



11/1 - LWSRA Hoedown -

Have a toe tapping, knee slapping, good time with friends at the LWSRA Hoedown. Drop off and pick up at Calumet Memorial. Fee: \$35. Min/max: 6/8. **Registration deadline: 10/20**

11/8 – Movie Night- time and movie tbd

We will meet at the Marcus Theater in Country Club Hills to enjoy a fantastic flick. Bring money for and snacks you may want to buy. We will contact you prior to the date as to the movie and time. **\$20 min/max-6/15**

11/15 - Friendsgiving at NWCSRA

Let us all come together to celebrate our friendships with other agencies at NWCSRA. Full dinner, dessert, and DJ included. **Registration deadline November Drop off and pick up at Calumet Memorial fee: \$40 min/max:6/12**

Special Event Saturdays:

9/21-Apple Picking at County Line Orchard Hobart, IN

10:30am-2:30pm It's apple picking time at County Line Orchard. Red, green, or yellow? Whatever one is your favorite, they will have them. Bring money for lunch, apples, and extras. Drop off and pick up at Memorial. Fee: \$25 min/max:6/10

9/28 Railway Museum in Union, IL 10am-3pm, Ages:16-adult

Join us for a wonderful day seeing and riding on trains of yesteryear as we, once again, visit the Illinois Railway Museum. Bring money for lunch and souvenirs. min/max:4/6 Fee: \$35



10/5 - Seigel's Pumpkin Farm 10:30am-2:30pm. Ages: 13-adult

It's time to search for the best pumpkin to make into a jack-o-lantern. The pumpkin farm has plenty of activities as well as pumpkin picking so bring extra money. min/max: 4/8. Fee: \$35

10/12 Lighthouse Mall 10am-3:30pm Ages: 16-adult

We will enjoy the day shopping, eating, and walking around this quaint outdoor mall in Michigan City Indiana. Bring money for shopping and lunch. Fee: \$25. Min/max:6-12.

11/9 -Brunch Break Blueberry Fields in South Holland, 10:00am-11:30am

Meet for brunch on SSRS at Blueberry Fields restaurant in South Holland where we can chat and enjoy one another's company while we enjoy a great brunch. Meet at the restaurant.



min/max:4/8. Fee: \$35

11/16 - Movie at Marcus Theater in Country Club Hills -

We can beat the crowds and enjoy a matinee movie with our friends from SRS. SRS buys the ticket. We will meet at the theater. You just bring money for snacks. Ages 16-adult.

min/max:5/10. Fee: \$25



Adult Holiday Events: Dec 2-13, 2024

Friday, Dec 6 - Orland Park Christmas Ball

Ring in the holiday with friends at the Orland Park Civic Center. Full dinner and DJ included

Time: 6:30-9:30pm Fee: \$50. Drop off and pick up: Calumet Memorial

Registration deadline: 11/10/23

Monday, Dec. 2- Monday Night Football at BWW Enjoy a night of dinner, socializing and watching football at BWW in Calumet City. min/max: 4/8. \$30



Wednesday 4, -Dec DIY Greeting Cards -

Sending handmade greeting cards tells the receiver just how special they are. It is especially true during the holiday season. All supplies will be provided. You just bring your creativity.

Location: LAN-Oak, Min/max: 4/8, Fee: \$15

Friday, Dec 6- DIY Holiday Decorations

We will assist you in making one of a kind holiday decoration for your home or to give as gifts. Supplies are provided by SRS Location: LAN-Oak
Time: 6:30-8:30pm min/max: 4/8, Fee: \$15

Saturday, Dec 7 – Forest of Lights

We will travel to Fair Oaks Farm in Fair Oaks, Indiana (856 N 600 E) to see the holiday lights and say hi to the animals. We may even get some hot cocoa to keep us warm. Drop off and pick up at Lan-Oak Park District. min/max: 6/12. Fee: \$30

Tuesday, Dec 10- Christkindle Market and Holiday Windows-

We will take the Metra Electric train from Ivanhoe station downtown and walk the few blocks to the Christkindle Market for lunch. Then we will look at the holiday windows on state street before heading back to the train station. Bring money for lunch and extra purchases. Fee: \$20
Min/max: 5/8

Wednesday, Dec-11-Gingerbread Houses

We will try our hand at making unique gingerbread houses. They make wonderful holiday decorations and are yummy when eaten along with a mug of warm cocoa after the holiday is over. Min/max:6/12. Fee: \$25.

Friday, Dec 13-Holiday Social.

Come celebrate the spirit of the season with delicious food, great music, and your SSSRS friends! A catered meal will be served.

Location: Lan-Oak Park District. 6:30-8:30pm Fee: \$30, **Registration ends November 25th**



Please drop off and pick up your participant at the time scheduled. Early drop-offs interrupt preparation time and late pickups cause staff to stay and facilities to close late which may result in a charge of \$1.00 per minute after 15 minutes

Americans with Disabilities Act

Special Recreation Services of Sertoma Star supports the Americans with Disabilities Act. SRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of SRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

inclusion

SRS supports programs that allow the participants to perform at the highest possible ability level with success. Some participants may choose traditional SRS programs while others may choose park district and recreation department offered programs. In cooperation with park district/recreation department staff, SRS will help to provide reasonable accommodations for all persons interested in inclusion in cooperative park district/recreation department programs. Contact SRS for additional information.

PROGRAM CANCELLATION & CREDIT POLICY

- At the scheduled program time, if no participants arrive within the first 15 minutes, the program will be canceled, and staff will be sent home. No credits will be given.
 - SRS staff look at all circumstances three hours prior to the start- ing time of the program and transportation routes to determine if the program should be canceled.
 - If the program is cancelled, program staff attempts to reach all participants by phone or text to inform them.
 - SRS attempts to extend programs to make up missed dates. You will be notified of program extensions.
 - A credit will be given if the enrollment consists of less than the minimum number of participants.
 - Requests for credits must be requested 10 business days prior to the beginning of the program.
- NOTE: Programs which include daily admissions or tickets to entertainment or sporting events, etc. will be a prorated credit based on budgetary considerations.
- A full or prorated credit will be granted if a medical condition prohibits participation. To receive the credit, the SRS office must be notified before the scheduled event. NOTE: A Doctor's note must be included with the credit request.
 - Once a program has begun, no credits will be given.

SRS will accept out-of-district participants into our program with the registration and payment of \$1,200 annual maintenance fee. This fee, paid to SRS, can be made in installments through your own park district or all at once. To pay in installments, you must make arrangements with the SRS Program Director. If you have inquiries, please contact Mike McNicholas at (708) 207-0023.

All participants, parents/guardians, and family members are expected to:

1. Maintain 6 feet of social distance.
2. Participants should be able to function at a 1:5 staff to participant ratio.

3. Wear a face covering over nose and mouth when applicable or as directed by staff. Participants need to be able to remove their own face covering and put on independently when required.
4. Not share food or drink with anyone outside of your parent/guardian or family member.
5. Listen to and comply with staff directions. Participants need to be able to follow verbal directions with minimal redirection.
6. Participants should be free of fever over the past 72 hours (temperature less than 100.4 degrees).
7. Refrain from attending in-person programs if you have traveled out of the state within the past 14 days.
8. Remain in designated area for the duration of the program. Participants need to be able to stay with the group.
9. Show respect to all participants and staff. Threats and bullying of any form will not be tolerated. Participants must always keep their hands and feet to themselves.
10. Refrain from using foul language or offensive behavior including rude or inappropriate gestures or sexually explicit language.
11. Not be under the influence of alcohol or drugs which would impair the ability to safely take part in the program.
12. Remain fully always clothed.

Registration information:

1. Contact Nancy at 708-207-9141 to set up an appointment to register for programs. Arrangement for payments will be made with Nancy at that time.
2. Neatly complete the Annual Information Form, filling in all appropriate spaces. Missing information will delay your registration. Annual Information Forms are due before the start of programs.
3. Forms of Payments: Full payment must be included. Checks made out to Special Recreation Services, SRS, or cash are accepted. Please write the participant's name on the check. Confirmation of program enrollment will not be sent. You will be notified if a program is canceled or if placed on a waiting list. Fees will not be pro-rated for late or missing classes. Consideration will be made only if the participant is a new resident.
4. Delinquent accounts: participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. Participants attending a program without prior registration and payment, a \$10 administration fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.



SRS FUN!

SPECIAL RECREATION SERVICES. LEISURE INTEREST SURVEY
Please complete and turn in survey with registration forms

NAME (optional):	AGE & GRADE:	SURVEY DATE:	
FAMILY STATUS <input type="checkbox"/> DUAL PARENT FAMILY <input type="checkbox"/> SINGLE FAMILY	What best describes your ethnicity/race? <input type="checkbox"/> African American/Black <input type="checkbox"/> Asian <input type="checkbox"/> Native American <input type="checkbox"/> Other <input type="checkbox"/> White Caucasian <input type="checkbox"/> Prefer not to answer <input type="checkbox"/> Pacific Islander		
<p>Please mark an "x" next to the activities that best describe your community leisure interests. Additional items may be added to the list according to your interests.</p>			
ACTIVITY	HAVE DONE IN PAST	CURRENTLY DO	INTERESTED IN DOING
Engaging in Team Sports			
Basketball			
Softball			
Soccer			
Bowling			
Volleyball			
Other (please specify):			
Other (please specify):			
Engaging in Individual Sports			
Track and Field			
Swimming			
Bocce			
Tennis			
Golf			
Gymnastics			
Bowling			
Powerlifting			
Other (please specify):			
Other (please specify):			
Music			
Singing			
Playing Instrument			
Attending Concerts			

Listening to Radio/Stereo			
Other (please specify):			
Other (please specify):			

ACTIVITY	HAVE DONE IN PAST	CURRENTLY DO	INTERESTED IN DOING
Dance/Cardio			
Aerobic			
Yoga			
Tap/Ballet/Jazz			
Line Dancing			
Other (please specify):			
Other (please specify):			
Arts and Crafts and leisure			
Painting/Drawing			
Ceramics/Pottery			
Jewelry Making			
Baking/Cooking			
Photography			
Drama/Variety Show			
Other (please specify):			
Other (please specify):			
Table Games			
Cards			
Checkers			
Dominoes			
Scrabble			
Puzzle			
Bingo			
Board Game (please specify):			
Other (please specify):			
Other (please specify):			
Outdoor Leisure/Social			
Hiking/Climbing			
Walking			
Gardening			
Camping			
Barbecues/Picnics			

ACTIVITY	HAVE DONE IN PAST	CURRENTLY DO	INTERESTED IN DOING
Outdoor Leisure/Social (continued)			

Canoeing			
Fishing			
Roller Skating/Roller Blading			
Ice Skating			
Bicycling			
Swimming			
Beach			
Amusement Parks/Fairs			
Other (please specify):			
Other (please specify):			
ACTIVITY	HAVE DONE IN PAST	CURRENTLY DO	INTERESTED IN DOING
Community Activities/Entertainment			
Historical			
Sporting Events			
Shopping			
Dining Out			
Library			
Aquarium			
Museums			
Concerts			
YMCA/YWCA			
Flea Markets			
Sightseeing			
Parades			
Video Games			
Boxing/Wrestling			
Spectator Sports (please specify):			
Movies			
Television			
Visit/Entertain Friends/Family			
Other (please specify):			
Other (please specify):			

Where do you currently participate in leisure activities? _____

How did you hear about Special Recreation Services? _____

What are you most interested in?

- Watching activities (spectator)
- Doing activities with my family
- Taking instructional classes
- Doing activities with a group of people

Doing activities by myself

How often would you be interested in participating in leisure activities/programs?
Dailey Weekly Monthly. Seasonally Please specify which months _____
Turn in completed survey with registration forms prior to start of programs.

Participant Information

Name: _____ . Birth Date: _____
Sex: _____
Address: _____ City: _____
State: _____
. Group Home: _____ Home Phone: _____

Cell Phone: _____ **Email:** _____
Park District: _____ Agency Affiliation: _____

Family/Guardian Information

Name: _____ Address: _____
City: _____ State: _____ Zip: _____
Cell Phone: _____ Home Phone: _____

Emergency Contact Information (other than parent)

Name: _____ Relationship: _____
Phone: _____
Name: _____ Relationship: _____
Phone: _____

Medical Information

Doctors Name: _____ . Hospital: _____ Dr. _____
Phone: _____
Diagnosis (check all that apply): _____ Developmental Delay. _____ Autism. _____ Downs Syndrome
_____ Mental Illness. _____ Vision Impairments. _____ Learning Disability. _____ Behavior Disability
_____ Traumatic Brain Injury. _____ Spinal Cord Injury. _____ Hearing Impairment.
_____ Physical Disability

Stroke. Cerebral Palsy. Seizure Disorder. Type.
 Frequency

Other Impairments

Allergies:

Medication (type, dose & frequency) Use separate sheet if needed

Adapted Equipment:

Uses Wheelchair: Yes No If Yes: Manual. Electric
 Can participant transfer: Yes No

Dietary restrictions:

Self-Care, please circle:

Eating. Independently Monitoring Requires assistance.
 Explain

Bathroom. Independently. Monitoring Requires assistance.
 Explain

Dressing. Independently. Monitoring. Requires assistance
 Explain

Mobility. Independently. Monitoring. Requires assistance.
 Explain

Is the participant clear of Atlantoaxial Instability (AAI) Yes No

SRS South Fall & Holiday Program Registration. Name: _____
 Check only those programs you are registering for. Payment to accompany registration

X	Fee	Program		X	Fee	Program
	\$45	Little Guppies			\$40	Making Waves
	\$35	Sports Skills			\$35	King Pin

	\$35	Alley Cats			\$35	Dinner Club
	\$20	End of Summer			\$30	Apple Picking
	\$20	Caramel apples			\$35	Railway Museum
	\$25	90's Dance			\$35	Pumpkin Farm
	\$40	House of Mouse			\$35	Lighthouse Mall
	\$20	Halloween movie			\$25	Brunch Break
		Halloween Hip Hop			\$25	Matinee Movie
	\$35	Hoedown				
	\$20	Movie Night			\$15	Holiday Cards
	\$40	Friendsgiving			\$15	Holiday Dec
	\$50	Holiday Ball			\$30	Forrest of Lights
	\$25	Gingerbread			\$20	C Market
	\$30	Monday Football			\$30	Holiday Social

Total _____ . Paid _____ . Balance due _____

Special Recreation Services of Sertoma Star
612 Wentworth Avenue. Calumet City, IL 60409
Phone: 708-207-9141



Visit Sandridge Nature Center for fun with nature!



We will be moving our office to Lan-Oak Park District in time for our holiday season. We will notify everyone when we are moved into the new office.